



Client Information Sheet

Phone: 780-488-9930

Please call to book your appointment as soon as possible.

Address: 9003 – 111 Avenue we are just **west of the Commonwealth Stadium**, located on the main floor of an apartment building. We are on bus route #125. From the Stadium LRT station we are approximately 2 blocks away (length of the Stadium).

PLEASE NOTIFY OUR OFFICE IF YOU ARE UNABLE TO MAKE YOUR APPOINTMENT.

**Note that we need 24 hours notice for all cancellations in order to
rebook your appointment time.**

Appointment Date: _____ **Time:** _____

***** Please remember to bring ID such as your Driver's License or Alberta
Health Care Card *****

Frequently Asked Questions

What do I need to know for my appointment?

Please arrive a few minutes early for your appointment. Please knock on the door to let the volunteers know you have arrived as we are a locked facility. Please be aware that if you come too early, you may have to wait as the volunteers arrive for the appointment time. Appointments usually take **1.5 to 2 hours**.

What happens during my appointment?

You will be paired with 1 or 2 volunteers who will act as your 'personal stylists'. The volunteers will ask you basic questions regarding the type of work you are seeking, if you have any interviews coming up and about your clothing preferences (style, colors, specific type of clothing needed for your job, etc). Using this information, the volunteers will choose clothes for you to try on and then give you feedback on how they look on you and suggestions on how to mix-and-match the items. **Please be aware that our racks are not set up for self- selection; our volunteers will bring you items to try on.**

Our goal is to help clients find clothing they like, look good in and are appropriate for the work they are seeking. Please come with an open mind and ready to have some fun, and let our volunteers help you look your best for your upcoming interview or job.

What type of clothes will I get?

Suit Yourself carries women's new and gently-used professional clothing and accessories that are appropriate for wearing to interviews, working in an office or retail setting. These are provided at no charge. We do not carry casual clothes for everyday use or for labour work such as jeans, yoga pants, sneakers, steel-toed boots, etc.